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A blog for Wisconsinites
who value food from close to home

14 Carrot Gold Awards

By [Karen Herzog](#) of the Journal Sentinel

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Here's an award announcement we can all applaud.

The 14 Carrot Gold Award recognizes individuals and organizations that promote consumption of fruits and vegetables, which can help reduce chronic health risks and obesity.

This year's winners, recently announced by the state Department of Health Services, include the SHARE Wisconsin program, which offers a [Mobile Market](#) to bring fresh fruits and vegetables to underserved communities in the Milwaukee area.

[SHARE Wisconsin](#) and Executive Director Paulette Flynn are among five recipients statewide of the 2009 14 Carrot Gold Awards. SHARE was recognized for increasing access to affordable fresh produce throughout the state. SHARE accepts food orders online.

The other 2009 14 Carrot Gold Award winners include:

- Pat Phair and Terry Kramer of Waupaca High School for the Waupaca Community/School Garden that provides fresh produce and nutritional information at charitable outlets in the community.
- Toni Rogers, nutrition coordinator for the UW-Extension Wisconsin Nutrition Education Program in Iron County for the Rhinelander Area Food Pantry and Community Garden, which provides access to fresh produce, healthy recipes and food safety information to pantry recipients.
- Barbara Martin and the Friends of the Dane County Farmers Market for the School on the Square and Farmers Market FoodShare Program, which provides education about local produce and Electronic Benefits Transfer (EPT) of FoodShare benefits at the farmers market.
- Jill McCauley of Traditions on Chestnut LLC in Marshfield for hands-on education and teaching techniques in the kitchen to adults, families, children and scouting classes.

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Electronic Benefits Transfer, sounds pretty kewl, have to look into that one.

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